

Sample Menu 3

Monday - Cod and salmon fishcakes with baby new potatoes, peas and sweetcorn with a lemon and cheese cream sauce (1, 4, 10, and 11)

Dessert- Bananas

Tea - Chicken dippers with salad (1)

Tuesday - Moroccan flavoured lamb and five bean casserole, baby new potatoes, courgettes and sweetcorn (1, 8, 9, 10, 11, 12, and 14)

Dessert- Mini Cream Filled Eclairs (1, 9, and 10)

Tea - Fish Fingers with Bread and Butter (1, 4, and 10)

Wednesday - Sticky Maple Favoured Pork Casserole with mini roast potatoes, carrots and peas (8, 11)

Dessert- Mini Muffins (1, 6, 8, 9, and 10)

Tea - Toasted Teacakes (1, 10)

Thursday - Sweet and Sour Chicken (1, 11)

Dessert- Ice Cream and Fruit Salad (10)

Tea - Picnic Tea (a selection of: scotch eggs, sausage rolls, cheese rolls, popcorn chicken and cocktail sausages) (1, 8, 9, and 10)

Friday - Cheese and potato pie with baked beans (10)

Dessert- Yoghurts (10)

Tea - Assorted sandwiches filled with meat and cheese with crisps (1, 8, and 10)

Numbers on the menu correspond to allergens listed on the sheet, on the noticeboard.