## Sample Snack Menu

Day	Morning	Afternoon
Monday	Fresh pineapple and pears	Mango slices
Tuesday	Banana and Raisins	Carrot sticks and Greek Tzatziki dip (10)
Wednesday	Black and green Grapes	Bread sticks (1), soft cheese (10)
Thursday	Plums and Honeydew Melon	Caramel rice cakes (8, 10, 13)
Friday	Apple and peach slices	Dried apricots

Numbers on the menu correspond to allergens listed on the sheet, on the noticeboard.